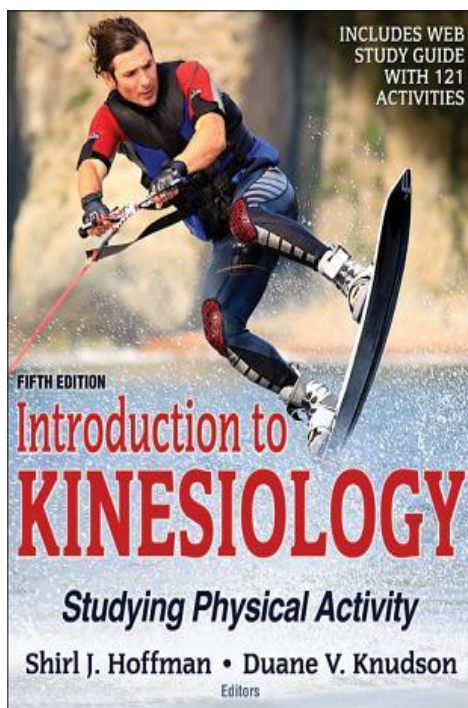


Bucher abrufen Introduction to Kinesiology: Studying Physical Activity [with Web Study Guide Access Code]

By Shirl J. Hoffman



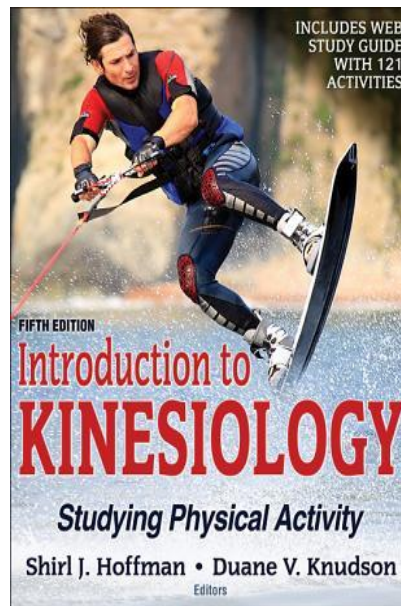
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Books Descriptions

Introduction to Kinesiology: Studying Physical Activity, Fifth Edition With Web Study Guide, gives students a complete overview of the field of kinesiology and explores the common career paths, questions, and ideas that are part of this dynamic and expanding discipline. This engaging, four-color introductory text stimulates curiosity about the vast field of kinesiology, provides a foundation for students to build on through further study, and generates awareness of the long-standing and current issues that kinesiology professionals seek to understand and solve. Editors Shirl J. Hoffman and Duane V. Knudson have retained the book's strong framework and have used feedback from instructors to streamline and condense the text while adding new and updated content. The fifth edition features a completely revitalized web study guide that encourages students to apply classroom content to real-world activities and better prepare for exams. The web study guide integrates reading assignments

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